

APPENDIX 2
TREATMENT CRITERIA FOR
AODA DAY TREATMENT PROGRAM (ADULT & ADOLESCENT)

INTENSITY OF SERVICE
ALL CRITERIA MUST BE MET

I. Program Standards

Treatment must take place in a certified AODA day treatment program offering a minimum of 60 hours of intensive outpatient services on a short-term basis. For example, a typical AODA day treatment program may run for three to five hours per day, three to five days per week, for four to six weeks.

II. Diagnosis (DSM-III-R)

- A. A physician has stated the recipient currently has a primary diagnosis of 303.9 (Alcohol dependence), 304.0 - 304.9 (Drug dependence), or 305.0 and 305.2 through 305.9 (Alcohol and other drug abuse).
- B. The recipient does not have a primary diagnosis by a physician of mental retardation (317), alcoholic psychosis (291), drug psychosis (292), transient organic psychotic conditions (293), or acute alcohol intoxication (303.0). AODA day treatment reimbursement will be denied for persons with these primary diagnoses.

III. Evaluation and Treatment

- A. The prior authorization request must indicate the recipient's history during at least the past twelve months of all treatment for alcohol or other drug abuse, including day treatment, other outpatient care, inpatient services, and detoxification, with dates of service. The request also must include a brief narrative on the recipient's previous AODA treatment outcomes.
- B. If the recipient received any inpatient or day treatment for AODA in the past twelve months, the request must explain why in the opinion of the professional staff the requested AODA day treatment program is necessary and effective. Such requests will receive intensive scrutiny by the Department of Health and Social Services, according to the following:
 - 1. Whether AODA day treatment is appropriate in the context of previous treatment;
 - 2. Whether AODA day treatment will have a more successful outcome than the previous treatments;
 - 3. Whether the intensity and design of the AODA day treatment program (frequency, duration and length of sessions) are likely to achieve intended results.
- C. The request must document the professional staff's judgement that the recipient has a reasonable potential to improve his/her likelihood of remaining chemically free in a less structured environment after completion of AODA day treatment.
- D. The treatment plan must contain measurable active treatment goals and objectives. At a minimum, the plan must address goals related to the recipient's selected "Severity of Illness" indicators.

**APPENDIX 2
TREATMENT CRITERIA FOR
AODA DAY TREATMENT PROGRAM (ADULT & ADOLESCENT)**

**INTENSITY OF SERVICE
ALL CRITERIA MUST BE MET
(continued)**

- E. The treatment plan must note any special needs of the recipient, such as physical health conditions, secondary psychiatric disorders, learning disabilities, nutritional needs, parenting, leisure time needs, and legal status. The plan must state how these needs have been assessed and what action has or will be taken to meet these needs in the context of AODA day treatment. The request must document that treatment efforts among various providers are coordinated, if the recipient is receiving treatment for other conditions or by other providers.
- F. The treatment plan must:
 - 1. Describe family involvement in treatment planning, if applicable;
 - 2. Contain a statement that the recipient agrees to maintain abstinence throughout the course of AODA day treatment; and
 - 3. Include a plan for continuing care for 6-12 months after completion of AODA day treatment.
- G. The treatment plan should encourage involvement in ongoing support programs such as self-help groups, if applicable.